

Enrichment– LICKIMAT

Use the Lickimat to make mealtimes more fun and keep some preloaded in your freezer for Vet visits, Groomer visits, and to keep your dog feeling happy and safe when having household guests!

For Vet, Groomer and other potentially uncomfortable situations, load up the Lickimat with Cream Cheese, Meat Spread, or Canned Dog Food!

For meal time - use your pup's usual dinner rations, and consider adding some special items.

Consider adding some special items such as:

- ✓ Cottage Cheese
- ✓ Yogurt
- ✓ Wet food if you don't already
- ✓ Sardines
- ✓ Some leftover meat and veg
- ✓ Banana
- ✓ Pumpkin



PUP ON A SPECIAL DIET? Try soaking their kibble in water or broth and then spread it and freeze it!

AVOID:

- Anything in the chive family (garlic, leeks, onions, chives)
- Horseradish
- Onions
- Rhubarb

- Shallots
- Taro
- Wasabi/Daikon
- Watercress
- Leafy Greens in small amounts onl

BEGINNER

Start unfrozen, and just spread their dinner into the mat, and give.

INTERMEDIATE

Spread your pup's dinner into the Lickimat the day before, put it in the freezer and then let it thaw for an hour before serving! Put a dollop of something great on top to get them started!

PRO

Prepare the night before and give it to your pup frozen!